

## Follow-up activity: Smoking Worksheet

Name: \_\_\_\_\_ Class : \_\_\_\_\_ Date : \_\_\_\_\_

### Part A: Multiple Choice

Circle the best answer to the following questions:

- The substance that makes cigarettes addictive is:
  - Tobacco
  - Nicotine
  - Tar
  - Carbon Monoxide
- How many different chemicals does cigarette smoke contain?
  - 4
  - 40
  - 400
  - 4000
- Between which ages do the majority of smokers start smoking?
  - Under 20
  - 20-30
  - 30-40
  - 40-50
- It is estimated that smoking kill how many people in Hong Kong everyday?
  - 13
  - 14
  - 15
  - 16
- The average smoker will die how many years earlier than a similar non-smoker?
  - 13
  - 14
  - 15
  - 16
- The drug in smoking is nicotine. Nicotine is a \_\_\_\_\_?
  - Depressant
  - Hallucinogen
  - Stimulant
  - Narcotic Analgesics



## Part B: True or False

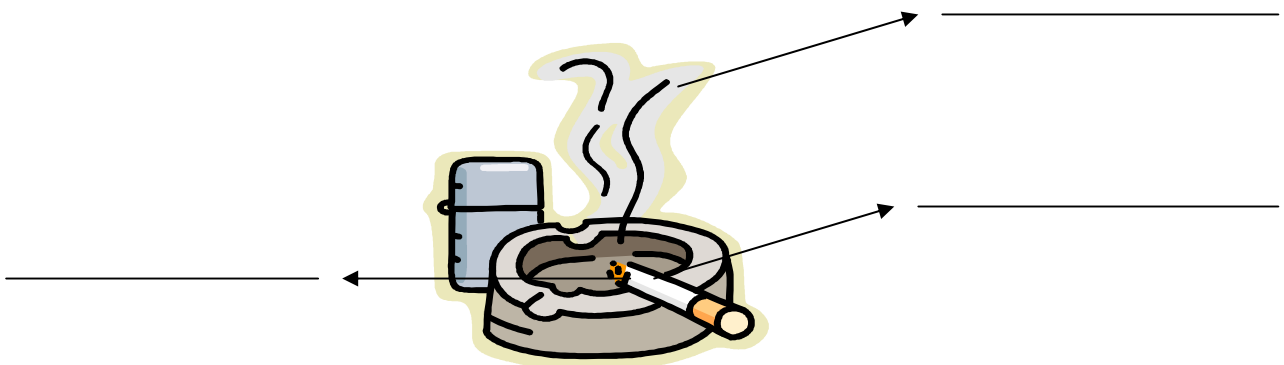
Answer the following questions, true or false:

1. Most people enjoy smoking the first time they try?  
Answer: \_\_\_\_\_
2. A long-term smoker cannot reduce their risk of developing heart or lung disease by quitting smoking.  
Answer: \_\_\_\_\_
3. The tars in cigarettes are cancer-causing agent.  
Answer: \_\_\_\_\_
4. It is safe to smoke filtered cigarettes.  
Answer: \_\_\_\_\_
5. Cigarette smoking will decrease your ability to concentrate.  
Answer: \_\_\_\_\_
6. Only the lung are affected by smoking cigarettes.  
Answer: \_\_\_\_\_

## Part C: Fill in the blanks

Fill in the blanks with the correct answer:

1. During the 18<sup>th</sup> century, people caught smoking there would have a pipe rammed through their nose and be paraded around the town on a chain.  
  
The country is \_\_\_\_\_
2. When someone is smoking their heart rate will \_\_\_\_\_.
3. The three main components in cigarette are:



## Part D: Give Up Smoking Campaign

Imagine you work for the health department in Hong Kong. You have been asked to work on a campaign to encourage smokers to give up. First of all think of five reasons why people should stop smoking. Write them here:

1)

2)

3)

4)

5)

Now work in small groups and think of a slogan. It should be a short phrase that people will remember. Write your slogan for the campaign here:

---

